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GALATIANS 5:22-23

BUT THE FRUIT OF THE SPIRIT IS LOVE, JOY, PEACE, FORBEARANCE, KINDNESS, GOODNESS, FAITHFULNESS, GENTLENESS AND SELF-CONTROL. AGAINST SUCH THINGS THERE IS NO LAW.

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GALATIANS 5:22-23

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Last Week: Patience

This Week: One of a Kind, Kindness

Galatians 5:22 Fruit of Kindness

Fruit is tasty. When we have God in our lives our lives become flavourful!

Psalm 34: 8

Taste and see that the Lord is good; blessed is the one who takes refuge in him.

This one of a kind Kindness has 4 M's.

Kindness is: Measurable. It is not just an internal feeling. But something we can see, feel and touch.

The Greek word for Kindness: chrēstotēs, khray-stot'-ace,; usefulness, that is, moral excellence (in character or demeanor): - gentleness, good (-ness), kindness. From G5543 chrēstos, khrase-tos',; employed, that is, (by implication) useful (in manner or morals): - better, easy, good (-ness), gracious, kind.

From G5530 chraomai, khrah'-om-ahee, a verb (to handle); to furnish what is needed; (give an oracle, "graze" [touch slightly], light upon, etc.), that is, (by implication) to employ or (by extension) to act towards one in a given manner: - entreat, use.

Love, Joy and Peace are seen within a person, this fruit is seen extending to others.

Kindness is: Meaningful:

Because it is an action towards others, it's an action with meaning. There is some eternal significance behind the kindness of the Lord in our lives.

Matthew 5:16 In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.

Kindness is: Messy: Luke 19:1-7 God's Kindness acts first. It doesn't wait until we are kind first.

Kindness causes **Movement: Romans 2:4** Or do you show contempt for the riches of his kindness, forbearance and patience, not realizing that God's kindness is intended to lead you to repentance? Luke 19:8-10 Kindness changes people. It softens them.

Romans 12:20/ Proverbs 25:21-22 On the contrary: "If your enemy is hungry, feed him; if he is thirsty, give him something to drink. In doing this, you *will heap burning coals on his head*." [e] 21 Do not be overcome by evil, but overcome evil with good.

Coals cause movement: a fire to start. Food to cook, a person to pay attention to the heat.

How do we see the Fruit of God's kindness in the Church? Do we do things that we can measure in people's lives? Can we measure money, food, clothes, car rides or our generosity? Do you feel the work you are doing to be meaningful? Do we get in the mess of people's lives? Are you seeing people move towards God? This one of a Kind Kindness only comes from God. We cannot produce it on our own. It's the work of His Spirit in us. And Jesus modelled what Kindness truly looks like in His death and resurrection.

